

2016 SUMMER | News Magazine & Activity Guide



laguna hills

# CITY VIEWS



## FIVE LAGUNAS

What's Inside?  
Dial-a-Taxi  
Five Lagunas  
Memorial Day Half Marathon  
National Night Out



## FIVE LAGUNAS

*In May 2013, Merlone Geier Partners (MGP), a private real estate investment company, purchased the Laguna Hills Mall from the Simon Property Group. Built in 1973, the Laguna Hills Mall is in dire need of a major redevelopment. Consequently, earlier this year, MGP submitted redevelopment plans to the City, seeking approval from the Planning Agency and City Council to move forward with the "Five Lagunas" redevelopment project. At the March 22, 2016 City Council meeting, the Planning Agency and the City Council approved the Five Lagunas project.*

### Redevelopment Activities

The Five Lagunas project will include the demolition and reconstruction of existing buildings, the construction of new commercial spaces throughout the property, and the development of upscale multifamily dwelling units. Here's a brief breakdown of the general project activities:

- Demolition of approximately 449,000 square feet of existing building area at the southern portion of the central mall building.
- Construction of approximately 410,000 square feet of new commercial buildings (restaurant uses, retail uses, fitness uses, and a 2,068 seat movie theater) in various locations throughout the property.



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**CITY VIEWS**

2016 SUMMER NEWS MAGAZINE & ACTIVITY GUIDE

#### CITY HALL HOURS:

8 am – 5 pm Monday – Friday

#### ENGINEERING, PLANNING AND BUILDING COUNTER HOURS:

1 pm – 5:30 pm Monday – Thursday

1 pm – 5 pm Friday

#### LAGUNA HILLS CITY COUNCIL:

**Barbara Kogerman**  
Mayor

**Andrew Blount**

**Don Sedgwick**  
Mayor Pro Tem

**Melody Carruth**

**Dore Gilbert, M.D.**

Regular **City Council Meetings** are held on the second and fourth Tuesday of each month.

**Traffic Commission Meetings** are held on the third Wednesday of January, March, May, July, September and November.

**Parks and Recreation Commission Meetings** are held on the first Wednesday of February, April, June, August, October and December.

All meetings begin at 7 pm in the **City Council Chambers**. Closed session at 6 pm (when scheduled).

City Views is an award winning quarterly magazine published by the City of Laguna Hills and is distributed as a public service to City residents and businesses. We welcome your suggestions and feedback and value your involvement in the community. Please send or call in any comments or questions to:

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City of Laguna Hills  
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24035 El Toro Road  
Laguna Hills, CA 92653  
Telephone: (949) 707-2620  
[www.lagunahillsca.gov](http://www.lagunahillsca.gov)



- Construction of several pedestrian walkways and plaza areas, including a main central plaza called "Sycamore Park".
- Construction of a six-story parking structure containing over 1,500 parking stalls.
- Development of three multifamily buildings containing a total of 988 dwelling units and associated structured parking.
- Exterior façade renovations to existing structures and rehabilitation of existing private streets and parking areas.

## Design and Function

The Five Lagunas project will transform the existing enclosed retail mall into a pedestrian-oriented, open air environment that is both visually pleasant and architecturally modern. The overall project is designed so that pedestrians can easily walk the site to visit the many retail, restaurant, and entertainment destinations. These are some of the specific design elements and functions incorporated within the project:

- Tree-lined pedestrian-oriented Main Street Promenade with scored and treated sidewalks and angled parking stalls. A grid system will connect pedestrian pathways, open space areas and plazas, main buildings, and vehicular driveways to the Main Street Promenade.
- Bicycle connectivity throughout the property with bicycle racks.

- Pedestrian pathways throughout the site that create an internal circulation system with open space and landscaping elements, visually appealing streetscape, painted crosswalks, and enhanced signage.
- Public open space areas that include paseos, parkways, pedestrian plazas, and Sycamore Park.
- Public art representing each one of the five Laguna communities: Laguna Hills, Laguna Woods, Laguna Niguel, Laguna Canyon, and Laguna Beach.

## Timeline and Phasing

Total construction is expected to take approximately 31 months and is expected to be completed in several overlapping increments. While various construction activities would occur on the project site over the duration of the construction schedule, the basic construction phases would include the following: demolition; site preparation; grading; trenching/utility installation; building construction; paving; and architectural coating.

To learn more about the project, see the conceptual project video, and to access project documents, visit

**[www.lagunahillscsca.gov/fivelagunas](http://www.lagunahillscsca.gov/fivelagunas)** or  
**[www.fivelagunas.com](http://www.fivelagunas.com)**.



## DIAL-A-TAXI



Seniors already registered with the City's Dial-A-Taxi program should call toll free (877) 809-6587 to arrange pick up.

Laguna Hills seniors can participate in the Dial-A-Taxi Senior Transportation Program, which provides door-to-door taxi service to Laguna Hills residents 60 years and older, by registering and paying a co-pay of as little as \$5. To register for the Dial-A-

Taxi program, fill out an application form and return it in person to the Laguna Hills Community Center at 25555 Alicia Parkway, Laguna Hills, CA 92653.

The Community Center is open from 8 a.m. to 10 p.m., Monday through Saturday, and on Sunday from noon to 6 p.m. You can get a copy of the registration form online at [www.lagunahillsca.gov](http://www.lagunahillsca.gov) under "Departments" then "Community Services" then "Dial A Taxi."

To register, you will need to show proof of Laguna Hills residency and proof of age.

For more information, visit the City's website at [www.lagunahillsca.gov](http://www.lagunahillsca.gov) or call (949) 707-2681.

## MEMORIAL DAY HALF MARATHON



### Registration Now Open for Memorial Day Half Marathon

Online registration is now open for the City's 18th annual Memorial Day Half Marathon, 5k and 10k, which will be held on Monday, May 30.

Runners of all skill levels are welcome for this family-friendly event. In addition to the 13.1-mile Half Marathon, the 6.2-mile 10k and the 3.1-mile 5k, the event also features a Kid's Run of ½ mile and a 50-Yard Diaper Dash for kids 3 and under!

Additionally, the City will once again hold a Family Expo featuring live entertainment and more than 50 vendors and exhibitors from 7:30 a.m. to 12:00 p.m.

Three dollars from each entry will be donated to Team Dark Horse, the support committee for the City's adopted 3rd Battalion, 5th Marine regiment, of the 1st Marine Division based out of Camp Pendleton.

The City of Laguna Hills needs more than 400 volunteers for this great event. Volunteers receive a free t-shirt, a meal and community service hours. Those interested in volunteering should call 949-975-8506 or email [questions@lagunahillshalfmarathon.com](mailto:questions@lagunahillshalfmarathon.com) for more information.

Visit [www.lagunahillshalfmarathon.com](http://www.lagunahillshalfmarathon.com) for race times, fees, registration, course descriptions, parking, directions, and other information.

# LAGUNA HILLS CELEBRATES NATIONAL NIGHT OUT

All residents are invited to partake in the National Night Out crime and drug prevention event on Tuesday, August 2. Laguna Hills Police Services will host an interactive community safety fair from 5 p.m. to 8 p.m. at the Laguna Hills Community Center, located at 25555 Alicia Parkway. The booths will provide residents with a variety of important information on family health and safety. Come partner with local law enforcement and celebrate safety and crime prevention!



## ABOUT NATIONAL NIGHT OUT

National Night Out, "America's Night Out Against Crime," was launched in 1984 by the non-profit National Association of Town Watch (NATW). The goal of the program is to promote crime prevention activities, police-community partnerships and neighborhood camaraderie. The first National Night Out took place on Tuesday, August 7, 1984. That first year, 2.5 million Americans took part across 400 communities in 23 states. National Night Out now involves over 37 million people and 15,000 communities from all the 50 states, U.S. Territories, Canadian cities, and military bases worldwide.

## CLASS **ACTIVITY** LOCATIONS



- 1 City Hall
- 2 Clarington Park
- 3 Beckenham Park
- 4 Costeau Park
- 5 Stockport Park
- 6 Lomarena Elementary
- 7 LHCC & Sports Complex
- 8 Mendocino Park
- 9 Mackenzie Park
- 10 Knotty Pine Park
- 11 El Conejo Park
- 12 Valencia Elementary
- 13 Mandeville Park
- 14 Cabot Park
- 15 Veeh Ranch Park
- 16 San Remo Park
- 17 Santa Vittoria Park
- 18 San Joaquin Elementary

2016 SUMMER

COMMUNITY SERVICES  
**ACTIVITY GUIDE**



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# COMMUNITY SERVICES ACTIVITY GUIDE

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| 13    | Circle of Friends |
| 13    | Excursions        |
| 13    | Emeritus          |



## CALENDAR OF EVENTS

|               |  |
|---------------|--|
| <b>May 3</b>  | Build A Fort Registration<br>(Laguna Hills Residents Only) |
| <b>May 10</b> | Summer Registration Begins                                 |
| <b>May 13</b> | Circle of Friends: Karaoke Night                           |
| <b>May 30</b> | Memorial Day Half Marathon, 5K & 10K                       |
| <b>Jun 11</b> | Mini Excursion: Orange Empire<br>Railway Museum            |
| <b>Jun 24</b> | Circle of Friends: Summer Dance                            |
| <b>Jul 4</b>  | Fourth of July Celebration                                 |
| <b>Jul 8</b>  | Circle of Friends Bowling Night                            |
| <b>Aug 2</b>  | National Night Out   |
| <b>Aug 16</b> | Fall Registration Opens                                    |
| <b>Aug 27</b> | Circle of Friends: BBQ & Craft                             |

## NEW THIS SUMMER!

- NEW** Basics of Skateboarding Camp
- Tennis Classes Camp
- Pre-Engineering using LEGO
- Engineering FUNDamentals using LEGO
- Jedi Engineering using LEGO
- Jedi Master Engineering using LEGO
- Introduction to Music Together
- 3D Printing Workshop: Create an Action Figure
- Video Game Design-MineScratch!
- Video Game Design-Minecraft Modding!

## STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs and events please visit our website, [www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us).



# ACTIVITY SCHEDULE

## SPECIAL EVENTS

### Fourth of July Celebration

Come celebrate America's birthday at the City of Laguna Hills' annual Fourth of July Celebration! Bring your family and friends to enjoy the fun, food and festivities! Carnival rides and games, live music, patriotic crafts and face painting will all be part of the celebration along with a fabulous fireworks show to conclude the evening. Food and drinks will be available for purchase. Seating is not provided so don't forget your lawn chairs and umbrellas!

| DATES | TIME         | DAY |
|-------|--------------|-----|
| 7/4   | 4:00-9:30 PM | M   |

#### Schedule of Events:

|               |  |
|---------------|--|
| 4:00 PM       | Carnival Rides, Activities, Music, Food Booths |
| 4:00- 8:00 PM | Patriotic Crafts and Face Painting             |
| 9:00 PM       | Mayor's Welcome                                |
| 9:10 PM       | Fireworks                                      |

Fee: Free

Ages: All Ages

Location: LHCC

### National Night Out

Music, games, and fun! Laguna Hills Police Services invites you and your family to be part of a night out against crime. National Night Out will be celebrated by millions of people throughout the country in an effort to promote unity and safety in our communities. Bring your family and friends and join us at the Laguna Hills Community Center for some outdoor fun! For more information, please call (949) 707-2641.

| DATES | TIME         | DAY | CLASS |
|-------|--------------|-----|-------|
| 8/2   | 5:00-8:00 PM | Tu  | 4835  |

Fee: Free

Ages: All ages

Location: LHCC

## COMMUNITY CENTER FOSSIL TOUR

Join City staff for this free 40 minute guided tour of the Community Center lobby which is a showcase for regional fossil discoveries and is an educational treasure. The tour introduces community members to the ancient life that occupied Laguna Hills during the last 17 million years of the Earth's history. Participants meet at the Laguna Hills Community Center's lobby located at 25555 Alicia Parkway, Laguna Hills, CA 92653. Call (949) 707-2692 for more information. DATES: 6/4 & 9/3 from 11:00-11:40 AM.

## CAMPS

### Build A Fort Camp

Hey future carpenters - it is time to build a fort! This fun-filled camp includes pre-designed plots for children to designate as their summer forts and utilize supplies provided to create incredible fun. Participants will have the opportunity to work with various tools, including hammers, saws and nails- all in a safe supervised environment. Please wear old clothes and tennis shoes and bring a sack lunch each day. Camp also includes games, sports and water play activities.

| DATES                                 | TIME | DAY | CLASS |
|---------------------------------------|------|-----|-------|
| <b>Junior Build A Fort (Ages 6-8)</b> |      |     |       |

|                                       |                 |     |                   |
|---------------------------------------|-----------------|-----|-------------------|
| 6/27-7/1                              | 9:00 AM-2:00 PM | M-F | 4822              |
| Fee: Resident \$85, Non-Resident \$90 |                 |     | Class Sessions: 5 |

#### Build A Fort (Ages 8-12)

##### SESSION 1:

|           |                 |     |      |
|-----------|-----------------|-----|------|
| 7/11-7/22 | 9:00 AM-2:00 PM | M-F | 4823 |
|-----------|-----------------|-----|------|

##### SESSION 2:

|   |                 |     |                    |
|---|-----------------|-----|--------------------|
| 8/1-8/12                                | 9:00 AM-2:00 PM | M-F | 4824               |
| Fee: Resident \$165, Non-Resident \$170 |                 |     | Class Sessions: 10 |

Location: El Conejo Park

Instructor: Community Services Staff

Due to the popularity of the Build A Fort and Junior Build A Fort programs, registration for **Laguna Hills residents will be collected in person Tuesday, May 3, 2016-Friday, May 6, 2016** between the hours of 8:00AM and 5:00 PM at the Laguna Hills Community Center. Please bring a recent utility bill as proof of residency and a copy of your child(ren)'s birth certificate(s) with you. Children may be enrolled by their parent or legal guardian only. Space is limited and is on a first come first served basis. Registration for **Non-Residents will begin on Tuesday, May 10, 2016.**

### Summer Camp

Join the City of Laguna Hills Summer Camp for a summer of fun! Children will be immersed in a week of never ending fun that includes arts and crafts, water activities, excursions, games, cooking and more! Participants should bring a snack, sack lunch, swimsuit, towel and sunscreen each day. Each child receives one t-shirt for the summer. Additional t-shirts may be purchased for \$10 each. Please note: No refunds or transfers for camps.

| DATES     | TIME            | DAY | CLASS | EXCURSION                           |
|-----------|-----------------|-----|-------|-------------------------------------|
| 7/11-7/15 | 8:30 AM-5:30 PM | M-F | 4629  | Aquatica                            |
| 7/18-7/22 | 8:30 AM-5:30 PM | M-F | 4630  | Adventure Playground/<br>Pump It Up |
| 7/25-7/29 | 8:30 AM-5:30 PM | M-F | 4631  | Knott's Berry Farm                  |
| 8/1-8/5   | 8:30 AM-5:30 PM | M-F | 4632  | Aquarium of the Pacific             |
| 8/8-8/12  | 8:30 AM-5:30 PM | M-F | 4633  | Pirates Dinner Adventure            |
| 8/15-8/19 | 8:30 AM-5:30 PM | M-F | 4634  | Disneyland                          |

Fee: Resident \$180, Non-Resident \$185

Location: LHCC

Instructor: Community Services Staff

Ages: 6-10

Class Sessions: 5

# ACTIVITY SCHEDULE



## Summer Teen Camp



Summer Teen Camp is an excursion based program created for boys and girls who are 11-14 years old. Campers will meet at the Laguna Hills Community Center for a week of fun-filled trips and much more! Camp is held in one-week sessions. Register early as space is limited.

Please note: No refunds or transfers for camps.

| DATES     | TIME            | DAY | CLASS | EXCURSION          |
|-----------|-----------------|-----|-------|--------------------|
| 7/11-7/15 | 8:30 AM-5:30 PM | M-F | 4705  | Knott's Berry Farm |
| 7/18-7/22 | 8:30 AM-5:30 PM | M-F | 4706  | Magic Mountain     |
| 7/25-7/29 | 8:30 AM-5:30 PM | M-F | 4707  | Aquatica           |
| 8/1-8/5   | 8:30 AM-5:30 PM | M-F | 4708  | Universal Studios  |
| 8/8-8/12  | 8:30 AM-5:30 PM | M-F | 4709  | Sea World          |
| 8/15-8/19 | 8:30 AM-5:30 PM | M-F | 4710  | Knott's Berry Farm |
| 8/22-8/26 | 8:30 AM-5:30 PM | M-F | 4711  | Disneyland         |

Fee: Resident \$190, Non-Resident \$195

Location: LHCC

Instructor: Community Services Staff

Ages: 11-14

Class Sessions: 5

## Surf Crew



Would you like to hit some of the best surf spots in Orange County? The Laguna Hills Surf Crew will be surfing the waves of Newport Beach, Huntington Beach, and Salt Creek; transportation will be provided in City van. You must be a strong swimmer and have ocean experience to participate. Spongers can participate too! This crew will be supervised by a 25 year surf veteran. Instruction on tides and swells will be an important part of our Surf Crew. Participants need to provide their own surf equipment, lunch and sunscreen. The City is not responsible for any lost, stolen or damaged equipment. Lunch will be provided on the last day. For more information, please call (949) 707-2690. Please note: No refunds or transfers for camps.

| DATES     | TIME            | DAY | CLASS |
|-----------|-----------------|-----|-------|
| 7/13-8/24 | 9:00 AM-4:00 PM | W   | 4712  |

Fee: Resident \$50, Non-Resident \$55

Location: LHCC

Instructor: Community Services Staff

Ages: 11-14

Class Sessions: 7

## Coast 2 Coast Soccer Camp



Experience one of the most popular summer camps in California! Your child will learn amazing soccer skills from enthusiastic Irish college soccer players. We guarantee your child will have fun! Age appropriate curriculum includes engaging soccer games, healthy fruit breaks, and World Cup scrimmages. Gifts included: A soccer jersey, an awesome green soccer ball, a wristband and a certificate. Please bring water, fruit, lunch, and sunscreen. Cleats & shin pads are recommended.

| DATES   | TIME            | DAY | CLASS |
|---------|-----------------|-----|-------|
| 8/1-8/5 | 9:00 AM-2:00 PM | M-F | 4637  |

Fee: Resident \$159, Non-Resident \$164

Location: Cabot Park

Instructor: Coast 2 Coast

Ages: 4-12

Class Sessions: 5

## Tennis Camp (Ages 6-9)



Summer tennis camps are a perfect way for your kids to be active, and learn tennis or continue improving their tennis game. A typical day at camp includes a warm-up, fundamental stroke development, game play and of course great amounts of fun! Each week we will have a hit for prizes game, and round-robin tournament play for older kids.

| DATES     | TIME          | DAY   | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-----------|---------------|-------|----------|----------------------|-------|
| 6/20-6/23 | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4765  |
| 6/27-6/30 | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4767  |
| 7/5-7/7   | 8:45-10:30 AM | Tu-Th | 3        | \$135/\$140          | 4769  |
| 7/11-7/14 | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4771  |
| 7/18-7/21 | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4773  |
| 7/25-7/28 | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4775  |
| 8/1-8/4   | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4777  |
| 8/8-8/11  | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4779  |
| 8/15-8/19 | 8:45-10:30 AM | M-Th  | 4        | \$135/\$140          | 4781  |

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

Ages: 6-9

## Tennis Camp (Ages 8-17)



Summer tennis camps are a perfect way for your kids to be active, and learn tennis or continue improving their tennis game. A typical day at camp includes a warm-up, fundamental stroke development, game play and of course great amounts of fun! Each week we will have a hit for prizes game, and round-robin tournament play for older kids.

| DATES     | TIME              | DAY   | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-----------|-------------------|-------|----------|----------------------|-------|
| 6/20-6/23 | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4766  |
| 6/27-6/30 | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4768  |
| 7/5-7/7   | 10:30 AM-12:45 PM | Tu-Th | 3        | \$135/\$140          | 4770  |
| 7/11-7/14 | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4772  |
| 7/18-7/21 | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4774  |
| 7/25-7/28 | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4776  |
| 8/1-8/4   | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4778  |
| 8/8-8/11  | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4780  |
| 8/15-8/19 | 10:30 AM-12:45 PM | M-Th  | 4        | \$165/\$170          | 4782  |

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

Ages: 8-17

## Skyhawks Sports Flag Football Camp



Campers learn skills on both sides of the football including the core components of passing, catching, and defense- all in a fun and positive environment. The week ends with the Skyhawks Super Bowl! All participants receive a t-shirt, football, and player evaluation.

| DATES     | TIME             | DAY | CLASS |
|-----------|------------------|-----|-------|
| 7/18-7/22 | 9:00 AM-12:00 PM | M-F | 4640  |

Fee: Resident \$165, Non-Resident \$170

Location: LHCC

Instructor: Skyhawks Sports Academy

Ages: 6-12

Class Sessions: 5



# ACTIVITY SCHEDULE

## CAMPS

### Skyhawks Sports Basketball Camp



This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt, basketball and player evaluation.

| DATES             | TIME             | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-------------------|------------------|-----|----------|----------------------|-------|
| <b>Ages 5-8:</b>  |                  |     |          |                      |       |
| 8/1-8/5           | 9:00 AM-12:00 PM | M-F | 5        | \$165/\$170          | 4638  |
| <b>Ages 6-12:</b> |                  |     |          |                      |       |
| 8/1-8/5           | 9:00 AM-3:00 PM  | M-F | 5        | \$185/\$190          | 4639  |

Location: LHCC  
Instructor: Skyhawks Sports Academy

### Video Game Design-MineScratch!

NEW

Learn how to speak the language of computers! Campers will dive into the exciting world of computer coding through Scratch, developed by MIT. Scratch is a block-based application designed to make it simpler for anyone to learn programming. Throughout the camp, coders create projects like an epic space battle game or a choose your own adventure story! The possibilities are endless! We'll also occasionally use other applications like MC Edit (Minecraft-related) based on student interest and aptitude.

| DATES     | TIME             | DAY | CLASS |
|-----------|------------------|-----|-------|
| 6/20-6/24 | 9:00 AM-12:00 PM | M-F | 4843  |

Fee: Resident \$170, Non-Resident \$175  
Location: LHCC  
Instructor: Code to the Future

Ages: 7-12  
Class Sessions: 5

### Video Game Design-Minecraft Modding!

NEW

Why just "play" Minecraft when you can "create" Minecraft? In this camp designed for quick learners or those with block-based coding experience, campers will learn how to code in Java by making a mod for Minecraft! This is professional, text-based coding. Create and then craft a sword out of mushy bananas, or spawn a flying golden cow! Make the full transition from player to content creator!

| DATES     | TIME            | DAY | CLASS |
|-----------|-----------------|-----|-------|
| 6/20-6/24 | 1:00 PM-4:00 PM | M-F | 4844  |

Fee: Resident \$220, Non-Resident \$225  
Location: LHCC  
Instructor: Code to the Future

Ages: 9-14  
Class Sessions: 5

### Mini Hawk Multi-Sport (Soccer, Baseball & Basketball)



This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt, ball and a merit award.

| DATES    | TIME             | DAY | CLASS |
|----------|------------------|-----|-------|
| 8/8-8/12 | 9:00 AM-12:00 PM | M-F | 4641  |

Fee: Resident \$165, Non-Resident \$170  
Location: LHCC  
Instructor: Skyhawks Sports Academy

Ages: 4-7  
Class Sessions: 5

### Basics of Skateboarding Camp: Basics

NEW



A hands-on camp designed to bring children together within the community. Children develop and enhance their skateboarding skills while creating friendships. A \$10 material fee is due to the instructor at the first class meeting.

| DATES     | TIME          | DAY  | CLASS |
|-----------|---------------|------|-------|
| 6/21-6/24 | 9:00-11:00 AM | Tu-F | 4724  |
| 6/28-7/1  | 9:00-11:00 AM | Tu-F | 4725  |
| 7/5-7/8   | 9:00-11:00 AM | Tu-F | 4726  |
| 7/12-7/15 | 9:00-11:00 AM | Tu-F | 4727  |
| 7/19-7/22 | 9:00-11:00 AM | Tu-F | 4728  |
| 7/26-7/29 | 9:00-11:00 AM | Tu-F | 4729  |
| 8/2-8/5   | 9:00-11:00 AM | Tu-F | 4730  |
| 8/9-8/12  | 9:00-11:00 AM | Tu-F | 4731  |
| 8/16-8/19 | 9:00-11:00 AM | Tu-F | 4732  |

Fee: Resident \$150, Non-Resident \$155  
Location: LHCC  
Instructor: Matt Sheridan & Staff

Ages: 3-12  
Class Sessions: 4

### Basics of Skateboarding Camp: Intermediate/Advanced

NEW



An intermediate/advanced skate camp designed for kids who have some experience skateboarding. Camp will address specific skills including dropping in and skating bowls along with creating successful runs and perfecting flat ground tricks. Participants should have basic skills and overall knowledge prior to entering the camp. A \$10 material fee is due to the instructor at the first class meeting.

| DATES     | TIME              | DAY  | CLASS |
|-----------|-------------------|------|-------|
| 6/21-6/24 | 11:00 AM-12:00 PM | Tu-F | 4733  |
| 6/28-7/1  | 11:00 AM-12:00 PM | Tu-F | 4734  |
| 7/5-7/8   | 11:00 AM-12:00 PM | Tu-F | 4735  |
| 7/12-7/15 | 11:00 AM-12:00 PM | Tu-F | 4736  |
| 7/19-7/22 | 11:00 AM-12:00 PM | Tu-F | 4737  |
| 7/26-7/29 | 11:00 AM-12:00 PM | Tu-F | 4738  |
| 8/2-8/5   | 11:00 AM-12:00 PM | Tu-F | 4739  |
| 8/9-8/12  | 11:00 AM-12:00 PM | Tu-F | 4740  |
| 8/16-8/19 | 11:00 AM-12:00 PM | Tu-F | 4741  |

Fee: Resident \$82, Non-Resident \$87  
Location: LHCC  
Instructor: Matt Sheridan & Staff

Ages: 5-12  
Class Sessions: 4

# ACTIVITY SCHEDULE



## Pre-Engineering using Lego

NEW

Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals.

| DATES     | TIME             | DAY  | CLASS |
|-----------|------------------|------|-------|
| 7/19-7/22 | 9:00 AM-12:00 PM | Tu-F | 4701  |

Fee: Resident \$140, Non-Resident \$145  
Location: LHCC  
Instructor: Play-Well TEKologies

Ages: 5-6  
Class Sessions: 4

## Engineering FUNdamentals using Lego

NEW

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

| DATES     | TIME         | DAY  | CLASS |
|-----------|--------------|------|-------|
| 7/19-7/22 | 1:00-4:00 PM | Tu-F | 4702  |

Fee: Resident \$140, Non-Resident \$145  
Location: LHCC  
Instructor: Play-Well TEKologies

Ages: 7-12  
Class Sessions: 4

## Jedi Engineering using Lego

NEW

The Force Awakens in the introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO X-Wings, R2 Units, Energy Catapults, Defence Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

| DATES    | TIME             | DAY | CLASS |
|----------|------------------|-----|-------|
| 8/8-8/12 | 9:00 AM-12:00 PM | M-F | 4703  |

Fee: Resident \$170, Non-Resident \$175  
Location: LHCC  
Instructor: Play-Well TEKologies

Ages: 5-6  
Class Sessions: 5

## Jedi Master Engineering using Lego

NEW

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away.

| DATES    | TIME         | DAY | CLASS |
|----------|--------------|-----|-------|
| 8/8-8/12 | 1:00-4:00 PM | M-F | 4704  |

Fee: Resident \$175, Non-Resident \$180  
Location: LHCC  
Instructor: Play-Well TEKologies

Ages: 7-12  
Class Sessions: 5

## Goldilocks and the Three Bears

Have fun being in a darling production of the classic tale "Goldilocks and the Three Bears". The children will have fun being directed by our energetic Tom Thumb Staff. They will love being taught improvisational skills, creating a story on stage and other music, movement and drama exercises. Children pretend all the time-having their imaginations come to life with sets, costumes, and music is a magical thing for them. Musical Theatre helps children in so many ways- memorization skills, expressing themselves, working on a team, self-confidence and many more. Most of all, it is FUN! your child will be proud to display what they've learned in a performance of "Goldilocks and the Three Bears" for family and friends. All actors will receive a Tom Thumb Players t-shirt and rehearsal CD. **The final performance will be held August 19 at 5:00 PM.**

| DATES                             | TIME         | DAY | CLASS |
|-----------------------------------|--------------|-----|-------|
| 8/8, 8/10, 8/12, 8/15, 8/17, 8/19 | 2:00-3:00 PM | MWF | 4635  |

Fee: Resident \$134, Non-Resident \$139  
Location: LHCC  
Instructor: Creative Kids Playhouse, Tom Thumb Players

Ages: 3-6  
Class Sessions: 6

## Cinderella, a Musical

Be in a musical! Cinderella is a musical version of the popular classic rags to riches fairy tale with many fun characters to play for both boys and girls. Creative Kids Playhouse Staff are professionals in drama, dance and voice who coach kids with a fun, effective style. Participants completely produce a one-act musical that they are proud of in just one week. Creativity is encouraged as actors have input into blocking, set design, costumes and more. Immerse yourself in every aspect of the theater; together with your cast you will create an impressive show! If enrollment is high, there will be two different casts. For more information, please visit [www.CreativeKidsPlayhouse.com](http://www.CreativeKidsPlayhouse.com). **Performances will take place 8/19 at 6:30 and 7:30PM.**

| DATES     | TIME             | DAY | CLASS |
|-----------|------------------|-----|-------|
| 8/15-8/19 | 9:00 AM-12:30 PM | M-F | 4636  |

Fee: Resident \$178, Non-Resident \$183  
Location: LHCC  
Instructor: Creative Kids Playhouse

Ages: 6-13  
Class Sessions: 5

## REGISTER EARLY

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.



# ACTIVITY SCHEDULE

## EARLY CHILDHOOD

### Introduction to Music Together

NEW

This is an introduction to the Music Together program! Come and experience what this popular class is all about!

| DATES                                 | TIME           | DAY | CLASS             |
|---------------------------------------|----------------|-----|-------------------|
| 8/17-8/31                             | 9:15-10:00 AM  | W   | 4722              |
| 8/17-8/31                             | 10:15-11:00 AM | W   | 4723              |
| Fee: Resident \$45, Non-Resident \$50 |                |     | Ages: 4 & under   |
| Location: LHCC                        |                |     | Class Sessions: 3 |
| Instructor: Elena Salisbury           |                |     |                   |

### Music Together

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit [www.svmusictogether.net](http://www.svmusictogether.net). Babies under 8 months may attend class for free with a registered sibling. **A \$35 material fee, made payable to Music Moves, is due to the instructor at the first class meeting.**

| DATES                                   | TIME           | DAY                         | CLASS |
|---|----------------|-----------------------------|-------|
| 6/15                                    | 9:15-10:00 AM  | W                           | 4697  |
| <b>7 week class:</b>                    |                |                             |       |
| 6/22-8/3                                | 9:15-10:00 AM  | W                           | 4698  |
| 6/22-8/3                                | 10:15-11:00 AM | W                           | 4699  |
| Fee: Resident \$105, Non-Resident \$110 |                | Ages: 4 & under             |       |
| Location: LHCC                          |                | Instructor: Elena Salisbury |       |

### Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in this popular Music and Movement class. Sing-a-longs and fingerplay songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments and a parachute. We will have a great time while developing their listening and social skills. **Parent/adult supervision is required.**

| DATES                  | TIME           | DAY                          | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|------------------------|----------------|------------------------------|----------|----------------------|-------|
| <b>Ages 1 ½ - 2 ½:</b> |                |                              |          |                      |       |
| 7/12-7/26              | 9:30-10:10 AM  | Tu                           | 3        | \$30/\$35            | 4670  |
| 8/9-8/30               | 9:30-10:10 AM  | Tu                           | 4        | \$40/\$45            | 4672  |
| <b>Ages 2 ½ - 4:</b>   |                |                              |          |                      |       |
| 7/12-7/26              | 10:15-11:10 AM | Tu                           | 3        | \$35/\$40            | 4671  |
| 8/9-8/30               | 10:15-11:10 AM | Tu                           | 4        | \$45/\$50            | 4673  |
| Location: LHCC         |                | Instructor: Vivian Stapleton |          |                      |       |

### Playtime!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child in this class will receive a 25% discount for additional children enrolled.

| DATES                                   | TIME             | DAY                | CLASS |
|---|------------------|--------------------|-------|
| 7/12-9/15                               | 11:30 AM-2:00 PM | TuTh               | 4839  |
| Fee: Resident \$175, Non-Resident \$180 |                  | Ages: 3-5          |       |
| Location: LHCC                          |                  | Class Sessions: 20 |       |
| Instructor: Community Services Staff    |                  |                    |       |

## CULTURAL ARTS

### Shakespeare in the Hills

Shakespeare in the Hills presents two plays by the bard this summer in rotation. Come and join us at the Laguna Hills Community Center and Sports Complex's gazebo and picnic area for both shows! Bring a blanket or your lawn chair, bring your meal and make it a picnic event for Shakespeare in the Hills' outdoor performances presented by On The Edge Theatre Productions ([www.otetheatre.com](http://www.otetheatre.com)).

Snacks and refreshments will be available for purchase at this family event. All participants of age 12 and under must be accompanied by a paying adult. Tickets are sold (cash only) on the day of the show. You may also purchase tickets early online. **No refunds or transfers for this event.**

### Twelfth Night

Shakespeare's love triangle comedy, in which a girl disguises herself as a man to be near the count she adores, only to be pursued by the woman he loves. Viola has been shipwrecked in a violent storm on the coast of Illyria and has lost her twin brother at sea. She disguises herself to serve Orsino, who pines for the love of lady Olivia. Mishaps ensue when the long-lost brother returns unbeknownst to them all.

| DATES | TIME         | DAY | CLASS |
|-------|--------------|-----|-------|
| 7/29  | 7:00-9:00 PM | F   | 4826  |
| 7/30  | 7:00-9:00 PM | Sa  | 4827  |
| 7/31  | 7:00-9:00 PM | Su  | 4828  |
| 8/7   | 7:00-9:00 PM | Su  | 4829  |

Fee: \$10, Children ages 12 & under free  
Location: LHCC

Ages: All Ages

Instructor: On The Edge Theatre Production

### Macbeth

Ambition, desire, a descent into darkness- When the brave Macbeth returns home successful in battle, he receives a prophecy from a trio of witches that one day he will become King. Consumed by the promise of their words, and spurred to action by his wife, Macbeth takes drastic measures to obtain his destiny. PG-13 rating due to adult themes and content.

| DATES | TIME         | DAY | CLASS |
|-------|--------------|-----|-------|
| 8/5   | 7:00-9:00 PM | F   | 4830  |
| 8/6   | 7:00-9:00 PM | Sa  | 4831  |
| 8/12  | 7:00-9:00 PM | F   | 4832  |
| 8/13  | 7:00-9:00 PM | Sa  | 4833  |

Fee: \$10, Children ages 12 & under free  
Location: LHCC

Ages: All Ages

Instructor: On The Edge Theatre Production

## WE'RE ON FACEBOOK!

Check us out! [www.facebook.com/lagunahillsc](http://www.facebook.com/lagunahillsc)

# ACTIVITY SCHEDULE



## CULTURAL ARTS

### Beginning Guitar

Designed for those with little or no experience playing the guitar, this class will teach you how to play several songs, chords and single note melodies. This class may be repeated, with new songs each session. Participants must bring their own acoustic or electric guitar with small amp. For more information please visit [www.rongorman.com](http://www.rongorman.com).

| DATES     | TIME         | DAY | CLASS |
|-----------|--------------|-----|-------|
| 6/20-7/18 | 5:00-6:00 PM | M   | 4817  |

Fee: Resident \$80, Non-Resident \$85  
Location: LHCC  
Instructor: Ron Gorman

Ages: 10 & older  
Class Sessions: 4

### Summer of ART-Camp

This ART Camp is filled with creative and fun projects. Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculpture and more! We will enjoy Summer time thru art as we draw and paint landscapes, still-life, animals and other themes. Clay projects will be glazed and fired. All art supplies and sprins will be provided. A \$20 material fee is due to the instructor at the first class meeting.

| DATES    | TIME         | DAY | CLASS |
|----------|--------------|-----|-------|
| 6/27-7/1 | 1:00-3:00 PM | M-F | 4645  |

Fee: Resident \$89, Non-Resident \$94  
Location: LHCC  
Instructor: Lucia Henry

Ages: 6-12  
Class Sessions: 5

### Ceramics Creations

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. A \$20 material fee is due to the instructor at the first class meeting (includes kiln firing & glazing).

| DATES    | TIME         | DAY | CLASS |
|----------|--------------|-----|-------|
| 7/1-7/29 | 4:00-5:15 PM | F   | 4644  |

Fee: Resident \$79, Non-Resident \$84  
Location: LHCC  
Instructor: Lucia Henry

Ages: 6-12  
Class Sessions: 5

### 3D Printing Workshop: Create an Action Figure

Join us for a unique class where you get to see how a 3D printer works. This class will give you the resources to design your own Action figure. This is a two part class; in the first class we will focus on designing your Action Figure and come up with a name for them and in the second class meeting we will focus on building the 3D printed Action Figure as well as creating a world for them to live in. Materials needed: Shoe box for second class meeting. Sign up today, space is limited! For more information or to register, please call (949) 707-2699.

| DATES | TIME         | DAY |
|-------|--------------|-----|
| 9/3   | 2:00-3:00 PM | Sa  |
| 10/8  | 2:00-4:00 PM | Sa  |

Location: LHCC

Ages: 7 & up

### Beginning/Intermediate/Advanced Drawing & Painting

Beginners will be taught to see (as an artist) line, location and value. They will learn how to use charcoal drawing tools and produce accurate drawings of simple still lifes. Emphasis is on determining spacial relationships and accurate value depiction. A supply kit is available from the instructor for \$35. Emphasis is on technique, composition, perspective, color and design. Media choices are colored pencil, watercolor, gouache, and acrylic with the addition of ink, pastel and oil for advanced students only. All intermediate and advanced students must provide their own materials. All instruction is individual, therefore each student will be working at his or her own level and the only deadlines are sufficient completion of work. **\*NO CLASS 7/4**

| DATES     | TIME         | DAY | CLASS |
|-----------|--------------|-----|-------|
| 6/6-7/18  | 4:00-5:30 PM | M   | 4642  |
| 7/25-8/29 | 4:00-5:30 PM | M   | 4643  |

Fee: Resident \$140, Non-Resident \$145  
Location: LHCC  
Instructor: Marilyn Brame

Ages: 6-16  
Class Sessions: 6

### Beginning Ukulele

Learn to play classic songs on the ukulele in a friendly and supportive environment. You will learn easy chords, how to read tablature, and how to play different strum styles. No previous musical experience required. Please bring your own ukulele to class. For more information please visit [www.rongorman.com](http://www.rongorman.com).

| DATES     | TIME         | DAY | CLASS |
|-----------|--------------|-----|-------|
| 6/20-7/18 | 4:00-5:00 PM | M   | 4816  |

Fee: Resident \$80, Non-Resident \$85  
Location: LHCC  
Instructor: Ron Gorman

Ages: 10 & older  
Class Sessions: 4

## CIVIC CENTER PUBLIC ARTS TOUR

Travel through time and relive Laguna Hill's early history through stories and art displays at the Laguna Hills Civic Center. This free 40 minute tour gives a brief look into the City's rich history and the men and women that shaped it's destiny. Participants meet at the Laguna Hills Civic Center at 24035 El Toro Road, Laguna Hills, CA 92653. Call (949) 707-2692 for more information. DATES: 6/4 & 9/3 from 10:00-10:40 AM.

# ACTIVITY SCHEDULE

## DANCE

### Middle School Dance



Come and join us for this exciting Middle School Dance! If you are a student at La Paz, Los Alisos or Serrano Middle Schools, you are welcome to register. Tickets will be sold on a first come, first served basis. Tickets may be purchased at the Community Center; if paying with cash you must have exact change. Tickets must be purchased by a parent/guardian. Buy your tickets early, this event will sell out! Supervision is provided by City Staff. You must bring your dance ticket and student ID card to get into the dance. For more information, please call (949) 707-2690.

| DATES | TIME         | DAY | CLASS |
|-------|--------------|-----|-------|
| 6/3   | 7:00-9:00 PM | F   | 4825  |

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 12-14

### Beginning Ballroom Dance



Ballroom dance basics for the absolute beginner, or the social dancer who wants to polish up their fundamental techniques, which will enhance their ballroom dance experience. Dances include the Waltz, Foxtrot, Cha Cha, Rumba, & Swing. For more information please visit [www.usadance-oc.org](http://www.usadance-oc.org).

| DATES     | TIME              | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-----------|-------------------|-----|----------|----------------------|-------|
| 6/6-6/27  | 11:00 AM-12:00 PM | M   | 4        | \$40/\$45            | 4682  |
| 6/4-6/25  | 6:00-7:00 PM      | Sa  | 4        | \$40/\$45            | 4683  |
| 7/11-7/25 | 11:00 AM-12:00 PM | M   | 3        | \$30/\$35            | 4684  |
| 7/2-7/30  | 6:00-7:00 PM      | Sa  | 5        | \$50/\$55            | 4685  |
| 8/1-8/29  | 11:00 AM-12:00 PM | M   | 5        | \$50/\$55            | 4686  |
| 8/6-8/27  | 6:00-7:00 PM      | Sa  | 4        | \$40/\$45            | 4687  |

Location: LHCC  
Instructor: USA Dance  
Ages: 10 & older

### Belly Dancing



From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years experience in this dance form. For more information please visit [www.enheduanna.com](http://www.enheduanna.com).

| DATES                | TIME          | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|----------------------|---------------|-----|----------|----------------------|-------|
| <b>Level I:</b>      |               |     |          |                      |       |
| 6/5-6/26             | 12:15-1:30 PM | Su  | 4        | \$52/\$57            | 4661  |
| 7/3-7/31             | 12:15-1:30 PM | Su  | 5        | \$65/\$70            | 4662  |
| 8/7-8/28             | 12:15-1:30 PM | Su  | 4        | \$52/\$57            | 4663  |
| <b>Level II:</b>     |               |     |          |                      |       |
| 6/5-8/28             | 1:45-3:00 PM  | Su  | 13       | \$154/\$159          | 4664  |
| <b>Level III/IV:</b> |               |     |          |                      |       |
| 6/5-8/28             | 3:15-4:30 PM  | Su  | 13       | \$154/\$159          | 4665  |

Location: LHCC  
Instructor: Tina Elkins  
Ages: 10 & older

### West Coast Movement Project



WCMP provides an enriching dance program for students ages 2 and up. WCMP is committed to providing excellent instruction, as well as having a positive impact on our community. Our goal is not just to raise great performers, but to raise great people.

We would love to answer any questions you may have about your child's placement, dress code or our program.

**For more information, contact:** Mia Alicea/Artistic Director

Email: [mia.alicea@gmail.com](mailto:mia.alicea@gmail.com) (quickest method of contact)

Phone: (949) 495-2119

Website: [wcmovementproject.com](http://wcmovementproject.com)

FB business page: [facebook.com/WestCoastMovementProject](https://facebook.com/WestCoastMovementProject)

Instagram: @westcoastmovementproject

#### MULTIPLE CLASS DISCOUNT:

There is a \$10 class discount available for multiple WCMP dance classes taken by one family. The first class does not receive a discount. The discount is applied only to the additional classes. You must register for all classes in one transaction to have the discount applied.

#### NEW! UNLIMITED SUMMER CLASS RATE \$400/PER STUDENT!

If your dancer is in our upper levels and takes multiple classes with WCMP, you can take advantage of our new unlimited summer class rate and attend all classes at their level. Just register with class code **#4842** and enjoy unlimited dance classes all summer long.

#### IMPORTANT NOTE ABOUT FALL 2016 CLASSES:

WCMP Fall 2016 classes begin August 22nd. City registration opens on August 16th. Please refer to our website for our class schedule for a timely enrollment.

### Tutus & Twirls/ Mommy & Me Dance

Experience the magic and wonder of watching your little one twirling, dancing and exploring in this very special baby ballet class. Parents/caregivers join in as "dancing partners" to provide support and guidance for their tiny dancer throughout the class. Combining the use of magical props and games, your child will learn and explore in an environment created just for toddlers.

**Dress code for our tiny twirlers:** Any color leotard and tights, their favorite tutu and pink leather ballet slippers.

**Dress code for parent/caregiver:** Comfortable clothing to move in.

| AGE | DAY | DATES    | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|-----|-----|----------|--------------|----------------------|-------|
| 2   | Th  | 7/7-8/11 | 9:00-9:40 AM | \$75/\$80            | 4742  |

### BrightBeginnings/Smart Start Preschool Combo Dance

Our uniquely enhanced tap, ballet, jazz combo integrates the joy of dance and movement with academic readiness, building confidence and self esteem in our young pre-schoolers. Dancers learn basic steps in tap, ballet and pre-jazz, plus proper dance terminology, all while exploring and integrating number and letter recognition, shapes and colors. Curriculum has been created to support early learning and help enhance your child's feelings of success. Our Bright Beginnings class is an excellent companion class to our Budding Ballerinas Preschool Ballet.

**Dress Code:** Any color leotard and tights, black tap shoes, pink ballet slippers.

| AGE | DAY | DATES    | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|-----|-----|----------|--------------|----------------------|-------|
| 3   | F   | 7/8-8/12 | 9:00-9:45 AM | \$85/\$90            | 4743  |
| 4   | Tu  | 7/5-8/9  | 9:00-9:45 AM | \$85/\$90            | 4744  |

# ACTIVITY SCHEDULE



## DANCE

### Budding Ballerinas/Preschool Ballet

Combining a perfect blend of technical steps, gentle corrections and play, Budding Ballerinas introduces your young dancer to the magic of classical ballet. Classes include introduction to ballet positions, stretching and basic terminology. Our Budding Ballerinas will explore moving in routines, as they learn to work together as a group. We integrate various props such as wands, ribbons, wings and stuffed animals to add enchantment to the learning experience. Our Budding Ballerinas class is an excellent companion class to our Bright Beginnings Combo Class.

**Dress Code:** Pink leotard, pink tutu, pink tights and pink ballet slippers.

| AGE | DAY | DATES    | TIME          | FEE<br>(Res/Non-Res) | CLASS |
|-----|-----|----------|---------------|----------------------|-------|
| 3-4 | Th  | 7/7-8/11 | 9:45-10:30 AM | \$85/\$90            | 4745  |

### Classic Combo (Tap & Jazz)

Get an introduction to tap and jazz in this split-design combo class. Dancers will start with 30 minutes of tap working on understanding basic rhythms and vocabulary. The second half of the lesson introduces dancers to jazz where they'll learn to move with basic steps that are characteristic of this classic style. We include plenty of personal attention and emphasize proper technique early on to ensure the success of every child. For six year olds, we recommend Combo I if this is the first year of dance.

#### COMBO I

**Dress Code:** Solid black leotard, black dance shorts, tan tights, black patent leather tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

| AGE | DAY | DATES    | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|-----|-----|----------|--------------|----------------------|-------|
| 5-6 | Th  | 7/7-8/11 | 3:30-4:30 PM | \$85/\$90            | 4746  |

#### COMBO II

**Dress Code:** Solid black leotard, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from face.

| AGE | DAY | DATES    | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|-----|-----|----------|--------------|----------------------|-------|
| 6-7 | Th  | 7/7-8/11 | 4:30-5:30 PM | \$85/\$90            | 4747  |

### Ballet

WCMP is now aligned with International Dance Acclaim's ballet curriculum and testing standards. Students who train in our tiered levels have the opportunity to be tested or assessed by an adjudicator from the IDA organization, should they wish. If your child has previous dance experience, please call for placement.

**Dress Code:** Solid black leotard, pink tights, pink leather ballet slippers and hair in a bun.

| LEVEL    | AGE       | DAY | DATE     | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|----------|-----------|-----|----------|--------------|----------------------|-------|
| Primary  | 5-6       | F   | 7/8-8/12 | 3:30-4:15 PM | \$85/\$90            | 4748  |
| Tier A/B | 7-10      | F   | 7/8-8/12 | 4:15-5:00 PM | \$85/\$90            | 4749  |
| Tier C/D | 9 & older | Th  | 7/7-8/11 | 5:30-6:30 PM | \$85/\$90            | 4750  |
| Tier C/D | 9 & older | F   | 7/8-8/12 | 5:00-6:00 PM | \$85/\$90            | 4751  |
| Tier F/G | 9 & older | Th  | 7/7-8/11 | 6:30-7:30 PM | \$85/\$90            | 4752  |
| Tier F/G | 9 & older | F   | 7/8-8/12 | 6:00-7:00 PM | \$85/\$90            | 4753  |

### Lyrical

Our lyrical dance uses the traditional rules of classical ballet combined with jazz to tell a story and transfer emotion and energy to the audience. Dancers work to achieve a beautiful fluidity while bringing passion to their movement.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

| LEVEL | AGE        | DAY | DATE     | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|-------|------------|-----|----------|--------------|----------------------|-------|
| III   | 10 & older | M   | 7/11-8/8 | 5:00-6:00 PM | \$70/\$75            | 4762  |

### Jazz

This dance style is rooted in American musical theatre and is known for its iconic fast pace and dynamic energy. Students learn to express themselves with energetic turns and step combinations, while developing and showcasing their individual style.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

| LEVEL  | AGE        | DAY | DATE     | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|--------|------------|-----|----------|--------------|----------------------|-------|
| I-II   | 7 & older  | W   | 7/6-8/10 | 3:30-4:30 PM | \$85/\$90            | 4754  |
| II-III | 8 & older  | W   | 7/6-8/10 | 5:15-6:15 PM | \$85/\$90            | 4755  |
| III-V  | 10 & older | Tu  | 7/5-8/9  | 4:45-5:45 PM | \$85/\$90            | 4756  |

### Tap

Through a combination of Broadway and Rhythm Tap styles, we emphasize improving and developing rhythmic skills, the importance of clarity through timing and the articulation of sound. With proper technique, dancers have the opportunity to create music with their tap shoes in addition to the visual beauty of dance.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, black tap oxfords hair secured away from neck and face.

| LEVEL  | AGE        | DAY | DATE     | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|--------|------------|-----|----------|--------------|----------------------|-------|
| I-II   | 7 & older  | W   | 7/6-8/10 | 4:30-5:15 PM | \$85/\$90            | 4757  |
| II-III | 8 & older  | Tu  | 7/5-8/9  | 3:15-4:00 PM | \$85/\$90            | 4758  |
| III/IV | 10 & older | Tu  | 7/5-8/9  | 4:00-4:45 PM | \$85/\$90            | 4759  |

### Hip Hop

Our Hip Hop classes are in keeping with current styles with an emphasis on dynamics and energy. **PREREQUISITE:** Hip Hop students must also take a technical class in conjunction with this class to participate. Hip Hop is not offered as a stand-alone option.

**Dress Code:** Comfortable street clothes/active wear and sneakers. NO JEANS.

| LEVEL | AGE        | DAY | DATE     | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|-------|------------|-----|----------|--------------|----------------------|-------|
| I-II  | 6-10       | M   | 7/11-8/8 | 3:15-4:00 PM | \$70/\$75            | 4760  |
| III   | 10 & older | W   | 7/6-8/10 | 6:15-7:00 PM | \$85/\$90            | 4761  |

### Contemporary

Fusing classic modern dance and jazz styles, students will learn how to express themselves beyond the confines of classical dance technique, creating abstract shapes with their bodies and telling dynamic, energetic stories through dance.

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

| LEVEL | AGE        | DAY | DATE     | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|-------|------------|-----|----------|--------------|----------------------|-------|
| III   | 10 & older | M   | 7/11-8/8 | 4:00-5:00 PM | \$70/\$75            | 4763  |

### M\*Power Comp Team Summer Prep

**Dress Code:** Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

| LEVEL                | AGE       | DAY | DATE    | TIME         | FEE<br>(Res/Non-Res) | CLASS |
|----------------------|-----------|-----|---------|--------------|----------------------|-------|
| Teal and Purple Team | 7 & older | Tu  | 7/5-8/9 | 5:45-6:45 PM | \$85/\$90            | 4764  |



# ACTIVITY SCHEDULE

## SPORTS & FITNESS

### Qigong for All



Each class starts with a set of Gentle Opening Moves to allow the body structure to open in all directions. Next, we move through the 20 Qigong movements. These movements focus on Energy (Qi) passing through specific pathways (or meridians). The class ends with a closing Qigong form (Swimming Dragon) that integrates the mind-body-spirit to a more grounded state of well-being. This form of Qigong can be safely practiced by the beginner, those with limited movement and the most advanced student.

| DATES | TIME | DAY | CLASS |
|-------|------|-----|-------|
|-------|------|-----|-------|

#### Free Trial:

|      |              |   |      |
|------|--------------|---|------|
| 5/25 | 7:00-8:00 PM | W | 4666 |
|------|--------------|---|------|

#### 10 Week session:

|         |              |   |      |
|---------|--------------|---|------|
| 6/1-8/3 | 7:00-8:00 PM | W | 4667 |
|---------|--------------|---|------|

Fee: Resident \$100, Non-Resident \$105

Ages: 18 & older

Location: LHCC

Instructor: Karl Ardo

### Aikido



Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and coordination. Adults are welcome to train with their families. Ranks and belt testing available- additional fees and membership required. Please see instructor about uniform pricing and sizing.

| DATES | TIME | DAY | CLASS |
|-------|------|-----|-------|
|-------|------|-----|-------|

#### Ages 6-18 (Beginning):

|          |              |      |      |
|----------|--------------|------|------|
| 6/2-6/30 | 5:00-6:00 PM | TuTh | 4688 |
|----------|--------------|------|------|

|  |               |     |  |
|--|---------------|-----|--|
|  | 9:30-10:30 AM | Sat |  |
|--|---------------|-----|--|

|          |              |      |      |
|----------|--------------|------|------|
| 7/2-7/30 | 5:00-6:00 PM | TuTh | 4691 |
|----------|--------------|------|------|

|  |               |     |  |
|--|---------------|-----|--|
|  | 9:30-10:30 AM | Sat |  |
|--|---------------|-----|--|

|          |              |      |      |
|----------|--------------|------|------|
| 8/2-8/30 | 5:00-6:00 PM | TuTh | 4694 |
|----------|--------------|------|------|

|  |               |     |  |
|--|---------------|-----|--|
|  | 9:30-10:30 AM | Sat |  |
|--|---------------|-----|--|

Fee: Resident \$75, Non-Resident \$80

#### Ages 6-18 (Intermediate):

|          |              |      |      |
|----------|--------------|------|------|
| 6/2-6/30 | 6:00-7:00 PM | TuTh | 4689 |
|----------|--------------|------|------|

|  |               |     |  |
|--|---------------|-----|--|
|  | 9:30-10:30 AM | Sat |  |
|--|---------------|-----|--|

|          |              |      |      |
|----------|--------------|------|------|
| 7/2-7/30 | 6:00-7:00 PM | TuTh | 4692 |
|----------|--------------|------|------|

|  |               |     |  |
|--|---------------|-----|--|
|  | 9:30-10:30 AM | Sat |  |
|--|---------------|-----|--|

|          |              |      |      |
|----------|--------------|------|------|
| 8/2-8/30 | 6:00-7:00 PM | TuTh | 4695 |
|----------|--------------|------|------|

|  |               |     |  |
|--|---------------|-----|--|
|  | 9:30-10:30 AM | Sat |  |
|--|---------------|-----|--|

Fee: Resident \$75, Non-Resident \$80

#### Ages 19 & older (All levels):

|          |              |      |      |
|----------|--------------|------|------|
| 6/2-6/30 | 7:00-9:00 PM | TuTh | 4690 |
|----------|--------------|------|------|

|  |              |     |  |
|--|--------------|-----|--|
|  | 8:30-9:30 AM | Sat |  |
|--|--------------|-----|--|

|          |              |      |      |
|----------|--------------|------|------|
| 7/2-7/30 | 7:00-9:00 PM | TuTh | 4693 |
|----------|--------------|------|------|

|  |              |     |  |
|--|--------------|-----|--|
|  | 8:30-9:30 AM | Sat |  |
|--|--------------|-----|--|

|          |              |      |      |
|----------|--------------|------|------|
| 8/2-8/30 | 7:00-9:00 PM | TuTh | 4696 |
|----------|--------------|------|------|

|  |              |     |  |
|--|--------------|-----|--|
|  | 8:30-9:30 AM | Sat |  |
|--|--------------|-----|--|

Fee: Resident \$115, Non-Resident \$120

Location: LHCC

Instructor: Dale Eisenberg

### Gentle Yoga



Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Pre-registration required. For more information visit <http://yogaknights.com>.

| DATES | TIME | DAY | CLASS |
|-------|------|-----|-------|
|-------|------|-----|-------|

|           |              |   |      |
|-----------|--------------|---|------|
| 6/22-8/17 | 6:00-7:30 PM | W | 4700 |
|-----------|--------------|---|------|

Fee: Resident \$126, Non-Resident \$131

Ages: 14 & older

Location: LHCC

Class Sessions: 9

Instructor: Angie Knight

### Future Stars Tennis



For kids just starting to play. Class focuses on the basics like ground strokes, some serving and lots of hand eye coordination work. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information please visit [www.WRTennis.com](http://www.WRTennis.com).

| DATES | TIME | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-------|------|-----|----------|----------------------|-------|
|-------|------|-----|----------|----------------------|-------|

|           |              |   |   |           |      |
|-----------|--------------|---|---|-----------|------|
| 6/20-7/11 | 3:00-3:45 PM | M | 3 | \$42/\$47 | 4783 |
|-----------|--------------|---|---|-----------|------|

|          |              |   |   |           |      |
|----------|--------------|---|---|-----------|------|
| 7/18-8/8 | 3:00-3:45 PM | M | 4 | \$56/\$61 | 4784 |
|----------|--------------|---|---|-----------|------|

|           |              |   |   |           |      |
|-----------|--------------|---|---|-----------|------|
| 8/15-8/22 | 3:00-3:45 PM | M | 2 | \$28/\$33 | 4785 |
|-----------|--------------|---|---|-----------|------|

Location: Mackenzie Park Tennis Courts

Ages: 4-5

Instructor: Wyatt Russell

**\*NO CLASS 7/4**

### Rising Stars Tennis



Also for new kids to tennis. This class focuses on teaching the fundamentals of ground strokes, serves, volleys and footwork skills. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis fun and enjoyable. For more information please visit [www.WRTennis.com](http://www.WRTennis.com).

| DATES | TIME | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-------|------|-----|----------|----------------------|-------|
|-------|------|-----|----------|----------------------|-------|

|           |              |   |   |           |      |
|-----------|--------------|---|---|-----------|------|
| 6/20-7/11 | 3:45-4:45 PM | M | 3 | \$54/\$59 | 4786 |
|-----------|--------------|---|---|-----------|------|

|          |              |   |   |           |      |
|----------|--------------|---|---|-----------|------|
| 7/18-8/8 | 3:45-4:45 PM | M | 4 | \$72/\$77 | 4787 |
|----------|--------------|---|---|-----------|------|

|           |              |   |   |           |      |
|-----------|--------------|---|---|-----------|------|
| 8/15-8/22 | 3:45-4:45 PM | M | 2 | \$36/\$41 | 4788 |
|-----------|--------------|---|---|-----------|------|

Location: Mackenzie Park Tennis Courts

Ages: 6-7

Instructor: Wyatt Russell

**\*NO CLASS 7/4**

### Tennis Stars



For kids who have moved up from Rising Stars Tennis or who are newer to tennis. This class works on ensuring kids are ready for match play by reinforcing proper stroke production, footwork and basic strategy concepts. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information please visit [www.WRTennis.com](http://www.WRTennis.com).

| DATES | TIME | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-------|------|-----|----------|----------------------|-------|
|-------|------|-----|----------|----------------------|-------|

|           |              |    |   |           |      |
|-----------|--------------|----|---|-----------|------|
| 6/21-7/12 | 3:00-4:00 PM | Tu | 4 | \$72/\$77 | 4792 |
|-----------|--------------|----|---|-----------|------|

|          |              |    |   |           |      |
|----------|--------------|----|---|-----------|------|
| 7/19-8/9 | 3:00-4:00 PM | Tu | 4 | \$72/\$77 | 4793 |
|----------|--------------|----|---|-----------|------|

|           |              |    |   |           |      |
|-----------|--------------|----|---|-----------|------|
| 8/16-8/23 | 3:00-4:00 PM | Tu | 2 | \$36/\$41 | 4794 |
|-----------|--------------|----|---|-----------|------|

Location: Mackenzie Park Tennis Courts

Ages: 8-10

Instructor: Wyatt Russell

# ACTIVITY SCHEDULE



## SPORTS & FITNESS

### Tier 1 Tennis



Perfect for kids that are ready for full court play with a full compression ball. For more information please visit WRTennis.com.

| DATES     | TIME         | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-----------|--------------|-----|----------|----------------------|-------|
| 6/22-7/13 | 4:00-5:30 PM | W   | 4        | \$108/\$113          | 4795  |
| 7/20-8/10 | 4:00-5:30 PM | W   | 4        | \$108/\$113          | 4796  |
| 8/17-8/24 | 4:00-5:30 PM | W   | 2        | \$54/\$59            | 4797  |

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell

Ages: 11-17

### Adult Tennis- Advanced Beginner



This class is perfect if you haven't played in a few years or you are just getting the hang of things. Ill help you further your fundamental skills so your consistency and shot making percentages increase to higher levels. For more information please visit WRTennis.com.

| DATES     | TIME           | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-----------|----------------|-----|----------|----------------------|-------|
| 6/22-7/13 | 6:00-7:00 PM   | W   | 4        | \$72/\$77            | 4798  |
| 6/24-7/15 | 10:30-11:30 AM | F   | 4        | \$72/\$77            | 4813  |
| 7/20-8/10 | 6:00-7:00 PM   | W   | 4        | \$72/\$77            | 4799  |
| 7/22-8/12 | 10:30-11:30 AM | F   | 4        | \$72/\$77            | 4814  |
| 8/17-8/24 | 6:00-7:00 PM   | W   | 2        | \$36/\$41            | 4800  |
| 8/19-8/26 | 10:30-11:30 AM | F   | 2        | \$36/\$41            | 4815  |

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell

Ages: 18 & older

### Adult Tennis- Intermediate



Perfect for more experienced players with a 3.0-3.5 rating. We'll work on refining strokes as I introduce modern concepts, with proven techniques. Together we'll discuss and implement doubles and singles strategies for smarter play and decision making during points. For more information please visit WRTennis.com.

| DATES     | TIME          | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-----------|---------------|-----|----------|----------------------|-------|
| 6/22-7/13 | 7:00-8:00 PM  | W   | 4        | \$72/\$77            | 4801  |
| 6/24-7/15 | 9:30-10:30 AM | F   | 4        | \$72/\$77            | 4810  |
| 7/20-8/10 | 7:00-8:00 PM  | W   | 4        | \$72/\$77            | 4802  |
| 7/22-8/12 | 9:30-10:30 AM | F   | 4        | \$72/\$77            | 4811  |
| 8/17-8/24 | 7:00-8:00 PM  | W   | 2        | \$36/\$41            | 4803  |
| 8/19-8/26 | 9:30-10:30 AM | F   | 2        | \$36/\$41            | 4812  |

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell

Ages: 18 & older

### All Star Tennis



For kids with more than 1 year of experience. This class reinforces the skills learned in previous classes. Players will use green balls on a full court to help them prepare for play with a full compression ball. For more information please visit WRTennis

| DATES     | TIME         | DAY | SESSIONS | FEE<br>(Res/Non-Res) | CLASS |
|-----------|--------------|-----|----------|----------------------|-------|
| 6/23-7/14 | 3:00-4:00 PM | Th  | 4        | \$72/\$77            | 4804  |
| 7/21-8/11 | 3:00-4:00 PM | Th  | 4        | \$72/\$77            | 4805  |
| 8/18-8/25 | 3:00-4:00 PM | Th  | 2        | \$36/\$41            | 4806  |

Location: Mackenzie Park Tennis Courts  
Instructor: Wyatt Russell

Ages: 8-11

### Adult Open Gym Basketball



Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

| DATES   | TIME         | DAY |
|---------|--------------|-----|
| Ongoing | 2:00-6:00 PM | Su  |
|         | 6:30-9:30 PM | Fri |

Fee: Resident \$30, Non-Resident \$40  
Location: LHCC

Ages: 18 & older

### Children & Teen Open Gym Basketball



Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guard

| DATES   | TIME          | DAY |
|---------|---------------|-----|
| Ongoing | 12:00-2:00 PM | Sun |
|         | 2:00-4:00 PM  | M-F |

Fee: Free  
Location: LHCC

Ages: 17 & under

### Adult Table Tennis



Participants must purchase an annual Table Tennis pass and complete a registration form at the front desk prior to any play. Players must provide their own paddle and balls. Player rules are available at the front desk. Call (949) 707-2680 for more information.

| DATES   | TIME          | DAY  | CLASS |
|---------|---------------|------|-------|
| Ongoing | 12:00-2:00 PM | TuTh | 4834  |
|         | 1:00-5:00 PM  | Sat  |       |

Fee: Resident \$30, Non-Resident \$35  
Location: LHCC  
Instructor: Community Services Staff

Ages: 18 & older



# ACTIVITY SCHEDULE

## SPORTS & FITNESS

### Booty Blast n Core



This class focuses on two very important things: reshaping your hips, thighs and abdomen/torso AND strengthening your body's foundation, which leads to greater strength and stability in your body overall. Various exercises are performed using basic equipment. If you have physical limitations, there are ways to modify the exercises to work for you.

| DATES     | TIME         | DAY | SESSIONS | FEE           | CLASS |
|-----------|--------------|-----|----------|---------------|-------|
|           |              |     |          | (Res/Non-Res) |       |
| 6/6-6/27  | 7:00-8:00 PM | M   | 4        | \$36/\$41     | 4658  |
| 7/11-7/25 | 7:00-8:00 PM | M   | 3        | \$27/\$32     | 4659  |
| 8/1-8/29  | 7:00-8:00 PM | M   | 5        | \$45/\$50     | 4660  |

Location: LHCC  
Instructor: Dina Martin-Rusk

Ages: 18 & older

### Zumba



Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800 calories an hour! Participants should wear comfortable attire and bring water and a towel. Be prepared to have a great time and expect to sweat. Ditch the workout....join the PARTY! To learn more about Zumba or the instructor visit [www.southcozumba.com](http://www.southcozumba.com).

| DATES | TIME | DAY | SESSIONS | FEE           | CLASS |
|-------|------|-----|----------|---------------|-------|
|       |      |     |          | (Res/Non-Res) |       |

#### One day per week:

|          |              |    |   |           |      |
|----------|--------------|----|---|-----------|------|
| 6/7-6/28 | 7:00-8:00 PM | Tu | 4 | \$36/\$41 | 4646 |
| 6/2-6/30 | 7:30-8:30 PM | Th | 5 | \$45/\$50 | 4647 |
| 7/5-7/26 | 7:00-8:00 PM | Tu | 4 | \$36/\$41 | 4648 |
| 7/7-7/28 | 7:30-8:30 PM | Th | 4 | \$36/\$41 | 4649 |
| 8/2-8/30 | 7:00-8:00 PM | Tu | 5 | \$45/\$50 | 4650 |
| 8/4-8/25 | 7:30-8:30 PM | Th | 4 | \$36/\$41 | 4651 |

#### Two days per week:

|          |              |    |   |           |      |
|----------|--------------|----|---|-----------|------|
| 6/2-6/30 | 7:00-8:00 PM | Tu | 9 | \$77/\$82 | 4652 |
|          | 7:30-8:30 PM | Th |   |           |      |
| 7/5-7/28 | 7:00-8:00 PM | Tu | 8 | \$68/\$73 | 4653 |
|          | 7:30-8:30 PM | Th |   |           |      |
| 8/2-8/30 | 7:00-8:00 PM | Tu | 9 | \$77/\$82 | 4654 |
|          | 7:30-8:30 PM | Th |   |           |      |

#### Three month session:

|          |              |    |    |             |      |
|----------|--------------|----|----|-------------|------|
| 6/7-8/30 | 7:00-8:00 PM | Tu | 13 | \$117/\$122 | 4655 |
| 6/2-8/25 | 7:30-8:30 PM | Th | 13 | \$117/\$122 | 4656 |
| 6/2-8/30 | 7:00-8:00 PM | Tu | 26 | \$221/\$226 | 4657 |
|          | 7:30-8:30 PM | Th |    |             |      |

Location: LHCC  
Instructor: Dina Martin-Rusk

Ages: 16 & older

### Meditation

There are many different ways to Meditate. The goal is to remove what is unnecessary "the clutter" mental, physical, and emotional. Some benefits of Meditation are, quieting you mind, reducing stress, and operating more efficiently with less effort. I will be guiding you through Concentrative Meditation, the practice of restrict awareness whether internal or external.

| DATES                | TIME         | DAY | CLASS |
|----------------------|--------------|-----|-------|
| <b>Free Trial:</b>   |              |     |       |
| 5/25                 | 6:00-6:45 PM | W   | 4668  |
| <b>5 week class:</b> |              |     |       |
| 6/1-6/29             | 6:00-6:45 PM | W   | 4669  |

Fee: Resident \$50, Non-Resident \$55  
Location: LHCC  
Instructor: Karl Ardo

Ages: 18-80  
Class Sessions: 5

## SPORTS LEAGUES

### Adult Basketball League



Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

| LEAGUE      | DATES     | TIME                | DAY | CLASS |
|-------------|-----------|---------------------|-----|-------|
| Open League | 8/23-11/8 | 6:30, 7:30, 8:30 PM | Tu  | 4718  |

Fee: \$325  
Location: LHCC

Ages: 18 & older  
Instructor: Community Services Staff

### Adult Volleyball League



Registration for Adult Volleyball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$12 per game umpire fee.

| LEAGUE         | DATES     | TIME                | DAY | CLASS |
|----------------|-----------|---------------------|-----|-------|
| Women's 4 on 4 | 8/22-11/7 | 6:10, 7:00, 8:00 PM | M   | 4719  |

Fee: \$225  
Location: LHCC

Ages: 18 & older  
Instructor: Community Services Staff

### Slow Pitch Adult Softball



Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

| LEAGUE          | DATES      | TIME                | DAY | CLASS |
|-----------------|------------|---------------------|-----|-------|
| Men's "D"       | 8/22-11/7  | 6:30, 7:45, 8:50 PM | M   | 4713  |
| Men's "D"       | 8/23-11/8  | 6:30, 7:45, 8:50 PM | Tu  | 4714  |
| Men's Upper "D" | 8/24-11/9  | 6:30, 7:45, 8:50 PM | W   | 4715  |
| Men's Lower "C" | 8/25-11/10 | 6:30, 7:45, 8:50 PM | Th  | 4716  |
| Coed            | 8/26-11/18 | 6:30, 7:45, 8:50 PM | F   | 4717  |

Fee: \$500  
Location: LHCC

Ages: 18 & older  
Instructor: Community Services Staff

# ACTIVITY SCHEDULE



## CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances and more! To be added to our Circle of Friends quarterly newsletter mailing list or to find out more about the program, please call (949) 707-2683.

### Summer Kick-off Dance

Come dance the night away at the Circle of Friends Summer Kick-off Dance! Bring a friend and join us for a special evening at the Laguna Hills Community Center. We hope you can come! Please RSVP to (949) 707-2683.

| DATES | TIME         | DAY | CLASS |
|-------|--------------|-----|-------|
| 6/24  | 7:00-9:00 PM | F   | 4836  |

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 & older

### Bowling Night

Bring a friend and come out for an exciting evening of bowling at Forest Lanes in Lake Forest! Please RSVP at least one week in advance at (949) 707-2683.

| DATES | TIME            | DAY | CLASS |
|-------|-----------------|-----|-------|
| 7/8   | 7:00 PM-9:00 PM | F   | 4837  |

Fee: \$10  
Location: Forest Lanes  
Instructor: Community Services Staff  
Ages: 13 & older

### BBQ & Craft

Come celebrate summer with us as we barbeque in the park and create masterpieces, all while spending quality time with friends. Please RSVP in advance to Kathleen at (949) 707-2683.

| DATES | TIME          | DAY | CLASS |
|-------|---------------|-----|-------|
| 8/27  | 11 AM-1:00 PM | Sa  | 4838  |

Fee: \$5  
Location: LHCC  
Instructor: Community Services Staff  
Ages: 13 & older

## EXCURSIONS

### Mini Excursion Orange Empire Railway Museum

Explore the West's largest collection of railway locomotives, passenger and freight cars, street cars, interurban electric cars, buildings and other artifacts dating from the 1870's. Ride streetcars, inter-urban cars and trains on the museum railway. Transportation is provided by City staff driving 15 passenger vans. Wear comfortable walking shoes and bring your own lunch to enjoy during this excursion. Sign up today, space is limited!

| DATES | TIME            | DAY | CLASS |
|-------|-----------------|-----|-------|
| 6/11  | 8:00 AM-4:00 PM | Sa  | 4528  |

Fee: Resident \$30, Non-Resident \$35  
Location: LHCC  
Instructor: Community Services Staff  
Ages: All Ages

## EMERITUS

### Saddleback College ART 20X: Art Appreciation

Art Appreciation focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

| DATES    | TIME           | DAY |
|----------|----------------|-----|
| 6/2-7/21 | 10:00-11:50 AM | Th  |

Location: LHCC  
Ages: 50 & older

### Saddleback College ART 59X: Intermediate/Advanced Watercolor

Intermediate/Advanced Watercolor Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Materials fee of \$5 payable at registration. Additional art supplies may be required. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

| DATES    | TIME         | DAY |
|----------|--------------|-----|
| 6/1-7/20 | 1:00-3:50 PM | W   |

Location: LHCC  
Ages: 50 & older

### Saddleback College ART 80X: Beginning Sketching

Beginning Sketching Basic drawing techniques will be presented as students are encouraged in individual artistic expression. Still life, student model, and location work will be done in simple classic media of pencil, charcoal and pastel. Materials fee of \$5 is payable at registration. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

| DATES    | TIME         | DAY |
|----------|--------------|-----|
| 6/3-7/22 | 1:00-3:50 PM | F   |

Location: LHCC  
Ages: 50 & older

### Saddleback College Senior Emeritus Program

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit [www.saddleback.edu/emmeritus](http://www.saddleback.edu/emmeritus).

The following classes meet 5/31 to 7/25:

| DAY | CLASS                 | TIME             |
|-----|-----------------------|------------------|
| MW  | Yoga                  | 9:00-9:55 AM     |
| MW  | Aerobics              | 10:00-10:55 AM   |
| MW  | Pilates               | 11:00-11:55 AM   |
| TTH | Sequential Stretching | 8:30-9:20 AM     |
| TTH | Pilates               | 9:30-10:50 AM    |
| T   | Yoga                  | 11:00AM-12:50 PM |
| Fri | Tai Chi               | 8:30-10:20 AM    |
| Fri | Pilates               | 10:00-11:55 AM   |

Location: LHCC  
Ages: 50 & older

# City of Laguna Hills REGISTRATION INFORMATION



## Register...

### On-Line

[www.ci.laguna-hills.ca.us](http://www.ci.laguna-hills.ca.us)

### Walk-In

Laguna Hills Community Center  
at **25555 Alicia Parkway**

### Phone-In

Call **(949) 707-2680**, for credit card users only

### Mail-In

Make check payable to City of Laguna Hills,  
and mail it to:

**City of Laguna Hills  
Community Services  
25555 Alicia Parkway  
Laguna Hills, CA 92653**

**Summer Registration begins  
Tuesday, May 10, 2016**

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity a signed and completed Registration Form and release and waiver is required.
- All minor participants must be registered by parent or legal guardian. (No exceptions).
- Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

The City of Laguna Hills conducts state criminal background checks on all of its employees and contract instructors for all youth related recreational activity including its athletic programs. The City does not receive subsequent arrest notification information for employees or contract instructors for whom criminal background checks were requested. For more information on the City's background check policy contact the Community Services Department at (949) 707-2680.

## LAGUNA HILLS TECHNOLOGY LIBRARY





Did you know that the Laguna Hills Technology Library is located within the Laguna Hills Community Center? We have computers, an assortment of books for adults, teens, and children, and a DVD collection – all available for free! If you'd like something available at another branch, we can have it transferred over for just 25 cents. The library's online calendar is available at: [ocpl.org/libloc/lht/calendar](http://ocpl.org/libloc/lht/calendar)

25555 Alicia Parkway  
Laguna Hills, CA 92653  
949-707-2699  
[ocpl.ltk@occr.ocgov.com](mailto:ocpl.ltk@occr.ocgov.com)  
Monday-Thursday: 10 a.m. - 9 p.m.  
Friday-Saturday: 10 a.m. - 5 p.m.  
Sunday: Closed

As you browse the Summer Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

